

**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA (S-VYASA)**

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

**THE SCHOOL OF YOGA AND NATUROPATHIC MEDICINE**

**BNYS (2021 BATCH): First Year Juniors**

**Mode: Online**

	6:am – 7am	9am – 10am	10am – 11am	11am – 12am	12am – 1pm
<b>MON</b>	BNYS P 105	BNYS T 104	BNYS T 102	BNYS T 101	BNYS T 103
<b>TUE</b>	BNYS P 105	BNYS T 104	BNYS T 102	BNYS T 101	BNYS T 103
<b>WED</b>	BNYS P 105	BNYS T 105	BNYS T 102	BNYS T 101	BNYS T 103
<b>THU</b>	BNYS P 105	BNYS T 105	BNYS T 102	BNYS T 101	BNYS T 103
<b>FRI</b>	BNYS P 105	BNYS T 105	BNYS T 102	BNYS T 101	BNYS T 103
<b>SAT</b>	BNYS P 105	BNYS T 105	BNYS T 102	BNYS T 101	BNYS T 103

sl. no	Subjects Code	Subject Name	Name of the Faculty
01	BNYS T 101	Anatomy	Dr. Soorya Narayanan
02	BNYS T 102	Physiology	Dr. Apar A Saoji, Dr. Swathi P S & Dr. Junu Upadhyay
03	BNYS T 103	Biochemistry	Dr. Bhavana M & Dr Mithila M V
04	BNYS T 104	Philosophy of Nature Cure	Dr. Ganga K V & Dr. Srigowri
05	BNYS T & P 105	Principles of Yoga	Dr. Arundhati Goley

**NOTE:**

- Thursday 2 to 3pm – Mentors meeting

*AparAaoj*  
Course Coordinator

**Principal**  
The School of Yoga and Naturopathic Medicine  
S-VYASA (Deemed to be University)  
Perambur

*S*  
Dean of Academics