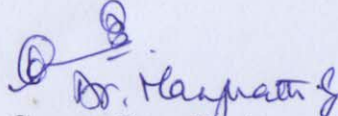



SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA (S-VYASA)
(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

B.SC (Yoga and Consciousness): 4th Semester Program Schedule From: Jan – May 2021

	9am – 10am	10am – 11am	11am – 12am	12am – 1pm	2pm - 3pm	3pm – 4pm	4pm – 5pm
MON	Self Study	BSYCET1 401	BSYCT 403	BSYCET2 401	BSYCT 404	BSYCP 405	BSYCP 407
TUE	BSYC T 402	BSYCET1 401	BSYCT 403	BSYCET2 401	BSYCT 404	BSYCP 405	BSYCP 407
WED	BSYC T 402	Self Study	BSYCT 403	BSYCET2 401	BSYCT 404	BSYCP 405	BSYCP 407
THU	BSYC T 402	BSYCET1 401	Self Study	Self Study	Mentors Meeting	BSYCP 405	BSYCP 407
FRI	BSYC T 402	BSYCET1 401	BSYCT 403	Self Study	BSYCT 404	Self Study	Self Study
SAT	Self Study	Self Study	Self Study	BSYCET2 401	Self Study	Self Study	Self Study

Sl. No	Subjects Name	Subject Code	Name of the Faculty	Venue
01	Human System According to Yoga*	BSYCET1 401	Ms. Gangotri	Online
02	Yogic Diet and Nutrition*	BSYCET2 401	Dr. Reshma J/ Mrs. Jyothi Singh	Online
03	Values in Indian Epics and Purans	BSYCT402	Dr. Manjunath G	Online
04	Yoga Therapy for Common Ailments	BSYCT 403	Dr. Ankathi	Online
05	Cultural history of India	BSYCT 404	Ms. Kavya	Online
06	Yoga Therapy techniques & Training	BSYCP 405	-----	Online
07	Training in PDC	BSYCP 406	-----	Online
08	Vedic principles and practices – 4	BSYCP 407	Mr. Kaushik	Online
Mentor – Dr. Manjunath G				


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Dr. Sony Kumari
 MA, Ph.D
Dean of Academics- In-charge