

Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore - 560 019 Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

Seed Money (2017-2021)

3.1.4 The institution provides seed money to its teachers for undertaking research initiatives during the last five years (average for five year; INR in lakhs)

Year	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022		
No. of Projects	03	03	02	04	04	01		
INR in lakhs	16,36,136	25,36,089	16,82,755	21,00,567	30,18,156	25,72,199		
Total	INR 1,35,4 In Words: (Rupees Only	One Crore Thi	ty-Five Lakh	Forty-Five T	housand Nine	e Hundred Two		

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Dr.M K Sridhar, MA, Ph.D Registrar S-VYASA (Deemed-to-be-University) 2016-2017



स्वामी विवेकानन्द योग अनुसंधान संस्थान

Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore - 560 019
Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

Date: 10.05.2016

Sub: Financial approval of the request for seed money to establish research facility for Low Energy Nuclear Reactions for the year 2016 - 2017

PI: Dr. Prahlada Ramarao, Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) Kalluballu Post, Bengaluru, India-560105

Sanction of Rs. 15,39,710/- is hereby accorded to the approval of abovementioned project for infrastructure and initial support for setting up of Low Energy Nuclear reactions research laboratory.

The detailed breakup of grant for general is as follows:

Sl.No	Heads	Sanctioned amount
1.	Non Recurring	Rs. 32,274/-
2.	Recurring	Rs. 15,074,36/-
	Total	Rs. 15,39,710/-

Mr. H R Dayahanda Swamy Director - Finance & Administration S-VYASA Deemed-to-be-University

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No. 19, Eknath Bhayan Gavipurum Circle N. G. Nagar, B'lore-19 Ph: 080-26612659 Fax: 080-2660845

Dr. Ramachandra G Bhat

Vice Chancellor

S-VYASA Deemed to be University

MX



Swami Vivekananda Yoga Anusandhāna Samsthāna

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2016/PR22

Dated: 24.04.2016

To,

Dr. Deepeshwar Singh,

Assistant Professor,

Division of Yoga & Life Sciences, S-VYASA

Sub: Approval and release of seed money for research on yoga and osteoarthritis.

Dear Dr. Deepeshwar Singh,

We are pleased to inform you that your proposal titled "Effect of Yoga on Osteoarthritis in older adults" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs.7,308 /- for the period of three months. The guidelines for the execution of the project are enclosed. You may commence your project from July 2016.

Dr. Manjunath N K,

Director of Research & Development,

Director of Research & Development, S-VYASA Deemed to be University

> Dr. Subramanya Pailoor, Registrar,

S-VYASA Deemed to be University

Dayanand Swamy.

Director of Finance & Administration. S-VYASA Deemed to be University

> Dr. Ramchandra Bhat, Vice Chancellor

S-VYASA Deemed to be University

Copy To,

· Chief Account Officer, S-VYASA



Swami Vivekananda Yoga Anusandhāna Samsthāna

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2016/PR21

Dated: 02.04.2016

To.

Dr. Raghavendra Bhat,

Assistant Professor,

Division of Yoga & Life Sciences, S-VYASA

Sub: Approval and release of seed money for research on Psychophysiology of Kumbhaka.

Dear Dr. Raghavendra Bhat,

We are pleased to inform you that your proposal titled "Neurocognitive and psychophysiological changes associated with kumbhaka – yogic breath holding" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs. 15,518/- for the period of six months. The guidelines for the execution of the project are enclosed. You may commence your project from April 2016.

Dr. Manjunath N K,
Director of Research & Development,
S-VYASA Deemed to be University

Dr. Subramanya Pailoor,

Registrar,

S-VYASA Deemed to be University

Daysnand Swamy,
Director of Finance & Administration.
S-VYASA Deemed to be University

Dr. Ramchandra Bhat, Vice Chancellor,

S-VYASA Deemed to be University

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· Chief Account Officer, S-VYASA

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2017/PR23

Dated: 24.01.2017

To,

Dr. Ramesh M. N.,

Professor,

Division of Yoga & Life Sciences, S-VYASA

Sub: Approval and release of seed money for research on biological transmission project.

Dear Dr. Deepeshwar Singh,

We are pleased to inform you that your proposal titled "Biological Transmission Project" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs.73,600 /- for the period of one year. The guidelines for the execution of the project are enclosed. You may commence your project from March 2017.

Dr. Manjunath NK, Director of Research & Development,

S-VYASA Deemed to be University

Dr. Sanjib Kumar Patra,

Registrar,

S-VYASA Deemed to be University

Dayanand Swamy,
Director of Finance & Administration,
S-VYASA Deemed to be University

Dr. Ramchandra Bhat, Vice Chancellor,

S-VYASA Deemed to be University

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Chief Account Officer, S-VYASA

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2017-18



स्वामी विवेकानन्द योग अनुसंधान संस्थान

Swami Vivekananda Yoga Anusandhāna Samsthāna

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

Date: 10.05.2017

Sub: Financial approval of the request for seed money to establish research facility for Low Energy Nuclear Reactions for the year 2017 - 2018

PI: Dr. Prahlada Ramarao, Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) Kalluballu Post, Bengaluru, India-560105

Sanction of Rs. 22,79,367/- is hereby accorded to the approval of abovementioned project for infrastructure and initial support for setting up of setting up of Low Energy Nuclear reactions research laboratory.

The detailed breakup of grant for general is as follows:

SI.No	Heads	Sanctioned amount
1.	Non Recurring	Same and the same
2.	Recurring	Rs. 22,79,367/-
	Total	Rs. 22,79,367/-

Mr. H R Dayananda Swamy

Director - Finance & Administration

S-VYASA Deemed-to-be-University

1

Dr. Ramachandra G Bhat

Vice Chancellor

S-VYASA Deemed to be University

MO



Swami Vivekananda Yoga Anusandhāna Samsthāna

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2017/PR24

Dated: 27.08.2017

To.

Dr. Raghavendra Bhat,

Assistant Professor.

Division of Yoga & Life Sciences,

Sub: Approval and release of seed money for organizing the workshop.

Dear Dr. Raghavendra Bhat,

We are pleased to inform you that your proposal for organizing the "Workshop on Ancient Research Methodology" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs.7,000/- for a workshop. You may organize aforementioned workshop on 20 September 2017.

Dr. Manjunath N K

Director of Research & Development, S-VYASA Deemed to be University

Dr. B. Amarnatl Registrar,

S-VYASA Deemed to be University

S-VYASA Deemed to be University

Director of Finance & Administration,

Dr. Ramachandra G Bhat Vice Chancellor

S-VYASA Deemed to be University

Copy To,

Chief Account Officer, S-VYASA

Study of Transfer Potential using EEG

Principal Investigators: Dr. H.R. Nagendra Project Co-ordinator: Dr. Judu Ilavarasu

Project Description:

Transfer potential (TP) is a phenomenon by which thoughts of one person can be transmitted to another through non-local communication. Numbers of studies have shown promising results in this area of research. Among the various techniques that were used for such experiments, EEG has been the most popular technique.

In this study, we intend to study the TP phenomenon using EEG under various states of consciousness. fike Dhyana and Samadhi. For this both adepts and novices will be studied. Duration of the project is estimated to be one year.

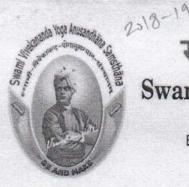
Budget Estimation:

No	Description	Qty	Unit Price	Total (USD)	Total INR
	To be purchased from abroa	d (USD)			
1	Pulse Sensor (Heart-Rate Monitor)	1	24.99	24.99	
2	MyoWare Muscle Sensor	1	37.99	37 99	
3	Header Pin to Touch Proof Electrode Adapter	1	24.99	24.99	
4	Gold Cup Electrodes	2	29.99	59.98	
5	Ultracortex "Mark IV" EEG Headset - Print-It- Yourself / Medium / up to 16 channels	2	449.99		
6	WiFi Shield	2	149 99	899.98	
7	Cyton + Daisy Biosensing Boards (16-Channels)	2	949.99	299 98	
	Total		343.99	1899.98	
	Discount (10%)	-		3.247.89	
	Discounted Price			324.79	
				2,923.10	
	Shipping (DHL)			211.09	
	Grand Total	and the second		3,134.19	203722
8	To be purchased from India				
G	VR box (for stimulus presentation)	2	8000		16000
10	3D Priting (EEG cap)				15000
10	Consumables (Electrode patches, EEG paste, etc.)				15000
	Total Estimated Budget				2,49,722

Date: 11/12/2017

(Dr. H.R. Nagendra)

Signature of Pi



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Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

Date: 10.05.2018

Sub: Financial approval of the request for seed money to establish research facility for Low Energy Nuclear Reactions for the year 2018 - 2019

PI: Dr. Prahlada Ramarao, Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) Kalluballu Post, Bengaluru, India-560105

Sanction of Rs. 16,63,959/- is hereby accorded to the approval of abovementioned project for infrastructure and initial support for setting up of setting up of Low Energy Nuclear reactions research laboratory.

The detailed breakup of grant for general is as follows:

SI.No	Heads	Sanctioned amount
1.	Non Recurring	
2.	Recurring	Rs. 16,63,959/-
	Total	Rs. 16,63,959/-

Mr. H R Dayananda Swamy
Director - Finance & Administration
S-VYASA Deemed-to-be-University

Sevipuran Circle

C. Ragar, Blore-19

Pho 80-2661269

Fax: 080-26603645

Dr. Ramachandra G Bhat

Vice Chancellor S-VYASA Deemed to be University



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E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2018/PR25

Dated: 13.12.2018

To,

Dr. Ramesh M.N.,

Associate Professor,

Division of Yoga & Life Sciences, S-VYASA

Sub: Approval and release of seed money for conducting a study on DNA damage in SMET participants.

Dear Dr. Ramesh MN,

We are pleased to inform you that your proposal to conduct a study "To understand the efficacy of SMET program to reduce DNA damage in healthy individual" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs.18,796/- for the period of one year. The guidelines for the execution of the project are enclosed. You may commence your project from February 2019.

Dr. Manjunath N'K,

Director of Research & Development, S-VYASA Deemed to be University

Dr. Srinidhi K Parthasarathi, Registrar,

S-VYASA Deemed to be University

Director of Finance & Administration. S-VYASA Deemed to be University

Dr. Ramachandra G Bhat,

Vice Chancellor

S-VYASA Deemed to be University

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Chief Account Officer, S-VYASA



Swami Vivekananda Yoga Anusandhāna Samsthāna

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2019/PR27

Dated: 02.04.2019

To.

Dr. Raghavendra Bhat,

Associate Professor.

Division of Yoga & Life Sciences, S-VYASA

Sub: Approval and release of seed money to conduct a pilot study on Trataka and psychophysiology.

Dear Dr. Raghavendra Bhat,

We are pleased to inform you that your proposal titled "Psychophysiological changes associated with träöaka (yogic visual concentration)" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs.5,376/- for the period of six months. The guidelines for the execution of the project are enclosed. You may commence your project from May 2019.

Dr. Manjunath N K,
Director of Research & Development,
S-VYASA Deemed to be University

Dayanand Swamy,
Director of Finance & Administration,
S-VYASA Deemed to be University

Dr. Srinidhi K Parthasarathi, Registrar,

S-VYASA Deemed to be University

No. 19, Eknath Bhavan Gavipuram Circle D. Nagar, B*lore-19 Ph: 080-26612669 Fax: 980-25608645

Dr. B R Ramakrishna, Vice Chancellor S-VYASA Deemed to be University

Copy To,

· Chief Account Officer, S-VYASA

M



Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

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Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2019/PR26

Dated: 02.04.2019

To.

Dr. Deepeshwar Singh,

Associate Professor,

Division of Yoga & Life Sciences, S-VYASA

Sub: Approval and release of seed money for research in the Cognitive Neuroscience Laboratory of S-VYASA.

Dear Dr. Deepeshwar Singh,

We are pleased to inform you that your proposal titled "Effect of high-frequency yoga breathing on neural plasticity" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs. 1,68,304/- for the period of two years. The guidelines for the execution of the project are enclosed. You may commence your project from January 2019.

Dr. Manjunath N K,

Director of Research & Development, S-VYASA Deemed to be University Dayanand Swamy,

Director of Finance & Administration.

S-VYASA Deemed to be University

Dr. Srinidhi K Parthasarathi, Registrar,

S-VYASA Deemed to be University

No. 19 Eknath Shavan Gaviouran Circle G.G. Nagar, 8 lore-19 Phi: 080-26612669 Fex: 080-25608665

Dr. B R Ramakrishna, Vice Chancellor

S-VYASA Deemed to be University

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· Chief Account Officer, S-VYASA





Swami Vivekananda Yoga Anusandhāna Samsthāna

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Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

Date: 10.04.2019

Sub: Financial approval of the request for seed money to establish research facility for Low Energy Nuclear Reactions for the year 2019 - 2020

PI: Dr. Prahlada Ramarao, Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) Kalluballu Post, Bengaluru, India-560105

Sanction of Rs. 19,03,128/- is hereby accorded to the approval of abovementioned project for infrastructure and initial support for setting up of setting up of Low Energy Nuclear reactions research laboratory.

The detailed breakup of grant for general is as follows:

SI.No	Heads	Sanctioned amount		
1.	Non Recurring			
2.	Recurring	Rs. 19,03,128/-		
	Total	Rs. 19,03,128/-		

Mr. H R Dayananda Swamy
Director - Finance & Administration
S-VYASA Deemed-to-be-University

Dr. B R Ramakrishna

Vice Chancellor

S-VYASA Deemed to be University

No



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Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2019/PR28

Dated: 23.12.2019

To

Dr. Deepeshwar Singh,

Associate Professor

Division of Yoga & Life Sciences,

Sub: Approval and release of seed money for conducting pilot study on prefrontal oxygenation during yoga practices.

Dear Dr. Deepeshwar Singh

We are pleased to inform you that your proposal titled "Hemodynamic responses at prefrontal cortex during proprioceptive neuromuscular facilitation (PNF) and yoga postures: a self as controlled study" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs. 23,759/- for the period of 6 months. The guidelines for the execution of the project are enclosed. You may commence your project from January 2020.

Dr. Manjunath N K
Director of Research & Development,
S-VYASA Deemed to be University

Director of Finance & Administration, S-VYASA Deemed to be University

Dr. M.K. Sridhar Registrar,

S-VYASA Deemed to be University

Dr. B R Ramakrishna
Vice Chancellor
S-VYASA Deemed to be University

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· Chief Account Officer, S-VYASA

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Swami Vivekananda Yoga Anusandhāna Samsthāna

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

Date: 10.04.2020

Sub: Financial approval of the request for seed money to establish research facility for Low Energy Nuclear Reactions for the year 2020 - 2021

PI: Dr. Prahlada Ramarao, Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) Kalluballu Post, Bengaluru, India-560105

Sanction of Rs. 20,82,784/- is hereby accorded to the approval of abovementioned project for infrastructure and initial support for setting up of setting up of Low Energy Nuclear reactions research laboratory.

The detailed breakup of grant for general is as follows:

Sl.No	Heads	Sanctioned amount
1.	Non Recurring	
2.	Recurring	Rs. 20,82,784/-
	Total	Rs. 20,82,784/-

Mr. H R Dayananda Swamy
Director - Finance & Administration
S-VYASA Deemed-to-be-University

Covipuram Circle

Fer: 080-26602645

Dr. B R Ramakrishna

Vice Chancellor S-VYASA Deemed to be University

M



Swami Vivekananda Yoga Anusandhāna Samsthāna

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Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2021/PR31

Dated: 27.08.2021

To

Dr. Vijaya Majumdar,

Associate Professor

Division of Yoga & Life Sciences,

Sub: Approval and release of seed money for research on the Yoga and Aging project.

Dear Dr. Vijaya Majumdar,

We are pleased to inform you that your proposal titled "Yoga and Aging Project" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs.8,77,000/- for the period of 6 months. The guidelines for the execution of the project are enclosed. You may commence your project from October 2021.

Dr. Manjunath N K

Director of Research & Development, S-VYASA Deemed to be University Dayanand Swamy,

Director of Finance & Administration, S-VYASA Deemed to be University

Dr. M.K. Sridhar

Registrar,

S-VYASA Deemed to be University

No. 19,
No. 19,
Eknath Bhavan
Gavipuram Circle
15. C. Nagar, B'tore-19
Ph: 080-25608645

Dr. B R Ramakrishna
Vice Chancellor
S-VYASA Deemed to be University

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Chief Account Officer, S-VYASA

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Swami Vivekananda Yoga Anusandhāna Samsthāna

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Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2021/PR30

Dated: 18.11.2021

To.

Dr. Ramesh MN.

Professor,

Division of Yoga & Life Sciences, S-VYASA

Sub: Approval and release of seed money for conducting a pilot study on CKDu.

Dear Dr. Ramesh MN,

We are pleased to inform you that your proposal to conduct a pilot study "To test the efficacy of IAYT on Chronic Kidney Disease of unknown etiology (CKDu)" in Arogyadhama with 06 participants from Udhanam was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs. 38,372/- for the period of two months. The guidelines for the execution of the project are enclosed. You may commence your project on December 2021.

Dr. Manjunath N K,

Director of Research & Development, S-VYASA Deemed to be University Dayanand Swamy,

Director of Finance & Administration,

S-VYASA Deemed to be University

Registrar.

S-VYASA Deemed to be University

Dr. B R Ramakrishna, Vice Chancellor

S-VYASA Deemed to be University

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· Chief Account Officer, S-VYASA



Swami Vivekananda Yoga Anusandhāna Samsthāna

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E-mail: svyasa@svyasa.org Website: www.svyasa.org

No: F.No. S-VYASA/R&D-2021/PR29

Dated: 27.08.2021

To

Dr. Vijaya Majumdar,

Associate Professor

Division of Yoga & Life Sciences.

Sub: Approval and release of seed money for research on the tele-yoga and covid-19 project.

Dear Dr. Vijaya Majumdar,

We are pleased to inform you that your proposal titled "Effect of Tele-Yoga services for health during the Covid-19 pandemic" was recommended by the committee for approval, and the proposal is approved for financial assistance of Rs. 20,000/- for the period of 6 months. The guidelines for the execution of the project are enclosed. You may commence your project from September 2021.

Dr. Manjunath N K
Director of Research & Development,
S-VYASA Deemed to be University

Dayanand Swamy,
Director of Finance & Administration,
S-VYASA Deemed to be University

Dr. M.K. Sridhar Registrar, S-VYASA Deemed to be University No. 19, Eneth Bhavan Gavipuram Circle K.G. Narjar, 8 lore-19 Phr. 080-26612669 Fax: 080-26608645

Dr. B R Ramakrishna
Vice Chancellor
S-VYASA Deemed to be University

Copy To,

Chief Account Officer, S-VYASA

Ju .

2021-22



स्वामी विवेकानन्द योग अनुसंधान संस्थान

Swami Vivekananda Yoga Anusandhāna Samsthāna

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Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore - 560 019
Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

Date: 10.04.2021

Sub: Financial approval of the request for seed money to establish research facility for Low Energy Nuclear Reactions for the year 2021 - 2022

PI: Dr. Prahlada Ramarao, Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) Kalluballu Post, Bengaluru, India-560105

Sanction of Rs. 25,72,199/- is hereby accorded to the approval of abovementioned project for infrastructure and initial support for setting up of setting up of Low Energy Nuclear reactions research laboratory.

The detailed breakup of grant for general is as follows:

SI.No	Heads	Sanctioned amount Rs. 50,000/-	
1.	Non Recurring		
2.	Recurring	Rs. 25,22,199/-	
	Total	Rs. 25,72,199/-	

Mr. H R Dayananda Swamy

Director - Finance & Administration

S-VYASA Deemed-to-be-University

OGA Anus No. 19, Eknath Bhavan of Gavipuram Circle X.G. Nagar E'lore-19 Ph: 080-26512669 Fax: 080-2650864

Dr. B R Ramakrishna

Vice Chancellor

S-VYASA Deemed to be University