

Sl No.	Name	Thesis Title	Guide & Co-Guide	Division
Year 2006				
1	Manjunath N.K.	Yoga and Geriatric Car: An Evaluation of Positive Health Indicators	Dr. Nagendra H.R.	Life Science
Year 2007				
1	Raghavendra M Rao	Yoga As an Adjunct to Conventional Cancer Treatment in Breast Cancer	Dr. Nagrathana R. Dr. Nagendra H.R.	Life Science
2	Sarang S Patil	Psychophysiological Effects of Yogic practices and Their Applications, A compilation of Pbstudies	Dr. Nagendra H.R.	Life Science
Year 2008				
1	Birendra Nath Banerjee	Evaluation of an Integrated yoga Intervention in Modulating Psychological Stress and Radiation Induced genotoxic stres in breast cancer Patients Undergoing Radio therapy	Sridevi Hegde Dr. Nagarathna R. & Dr. Nagendra H.R.	Life Science
2	Ritu Chhattha	Effect of (IAYT) on The Vasomotor, Cognitive and Psychological Symptoms on Climacteric Syndrome	Dr. Nagendra H.R.	Life Science
3	Sudheer Deshpande	Influence of yoga on Quality of Life	Dr. Nagendra H.R. & Dr. Nagarathana R.	Management
Year 2009				
1	Meesha Joshi	Neurocognitive Effects of Yoga Voluntarily Regulated Breathing.	Dr. Nagarathna R & Dr. Nagendra H.R.	Life Science
2	R Rangan	A Comparison of Cognitive Functions of Yoga Based Education (Gurukula) System and Modern Education system	Dr. Nagendra H.R. & Prof. Ramachandra G Bhat	Life Science
3	Sony Kumari	Effect of Smet Yoga Module on Emotional Dynamics of Managers	Dr. Nagendra H.R. & Nath N.C.B.	Management
Year 2010				
1	Hasmukh Adiya	Effect of Yoga Therapy on Chronic Low Back Pain - A Randomized Control Study	Dr. Nagendra H.R. & Mahadevan B.	Life Science
2	Padmini Tekur	Effect of Yoga Therapy on Chronic Low Back Pain - A Randomized Control Study	Dr. Nagarathana R & Dr. Nagendra H.R.	Life Science
3	Sanjay Kumar	Effect of OM Meditation on Brainstem Auditory evoked Potentials, Autonomic and Respiratory Variables'	Dr. Nagendra H.R. & Dr. Shirley Telles	Life Science
4	Subramanya Pailoor	A Comparative study of The Psychophysiological Effects of Cyclic Meditation And Supine Rest (Shavasana)	Dr. Nagendra H.R. & Telles, Shirley	Life Sciences
Year 2011				
1	Gahanshyam Singh Thakur	Reg Studies to Quantify The Changes in Consciousness Field Evoked by Some Yoga Practice Agihotra Yajna and Navaratri Festival	Dr. Nagendra H.R. & Dr. Nagarathna R.	Life Science
2	Shantha Radhakrishna	Integrated Approach to Yoga Therapy and Autism Spectrum Disorder	Dr. Nagarathana R. & Dr. Nagendra H.R.	Life Science
3	Vadraj HS	Effect of Yoga Therapy As a Psychotherapeutic Intervention in Breast Cancer Patients	Dr. Nagendra H.R. Dr. Nagarathna R. Dr. Gopinath K.S.	Life Science
Year 2011-2012				
1	Dr. John Ebnezar	Effect of IAYT (Integrated Approach of Yog therapy) In Osteoarthritis of Knee Joint – A Comparative Study	H R Nagendra, R Nagarathna	Life Sciences
2	Itagi Ravi Kuamar	Study of Different Pyramids and their materials on Growth of fenugreek	H R Nagendra, D Rudra Krishna	Physical Sciences
3	Sanjib Kumar Patra	Effect of cyclic meditation on sleep architecture and subjective sleep rating	Shirley Telles, H R Nagendra	Life Sciences
4	Balaram Pradan	Effects of cyclic meditation in psychomotor performance on children	H R Nagendra, R Nagarathna	Humanities
5	Sushil S Khenka	Development of Human Potential through Yogic Practices assessed by Psychological and Health Variables	H R Nagendra, R Nagarathna	Life Sciences
6	Tikhe Sham Ganpat	Self Management of Excessive Tension Module for Managerial Effectiveness	H R Nagendra, T M Srinivasan, R Ramachandra Bhat	Management
Year 2012-2013				
1	Nidhi Choudhary	Effect of Yoga based lifestyle programme on poly cystic ovarian syndrom.	R Nagarathna, V Padmalatha	Life Sciences
2	Raghavendra Bhat	Psychophysiological effects of two meditative states described in Yoga texts.	Shirley Telles, H R Nagendra	Life Sciences
3	Abbas Rakhshani	Effect of Yoga in High – Risk Pregnancy.	R Nagarathna	Life Sciences
Year 2013-2014				
1	Amritanshu Ram	Evaluation of the Psychological and immune effect of long term yoga practice on Breast Cancer Survivors: A cross sectional explorative study.	Raghavendra Rao, Manjunath N K	Life Sciences
2	V. Judu Ilavarasu	Application of Gun-Implicit Association test to study social desirability in explicit measures of Gunas in Yoga Students.	Alex Hankey, Sarasvati Mohan	Management
3	Rajesh S K	Psychological correlates of Yoga and its application to Impulsivity.	T M Srinivasan	Physical Sciences
4	Ramesh Rao N	Influence of time on Microbes of veterinary importance.	H R Nagendra, Alex Hankey	Physical Sciences
5	Bhawna Sharma	Understanding type 2 Diabetes at the Pranamaya Kosa level.	H R Nagendra, Alex Hankey	Physical Sciences
6	Shatrughan Singh Naruka	Effect of an Intensive Five Days of Self Management of Excessive Tension (SMET) residential workshop on top line managers.	H R Nagendra, Balaram Pradhan	Management
Year 2014-2015				
1	Deepeshwar Singh	Neuronal activity and cerebral blood flow in meditation defined in traditional yoga texts	Naveen K V, H R Nagendra	Life Sciences
2	Indira T Rao	Effect of music on students and dm2 patients measured with electro-phonic imaging technique	Prof. K Subrahmanyam, H R Nagendra	Physical Sciences
3	Jitheswori Devi	Effect of yoga on psychological aspects of young widows: a randomised control study	Prof. K Subrahmanyam, Prof. Prabha S Chandra	Humanities
4	Lalitha Nandini	Effects of yoga on cancer chemotherapy induced nausea and vomiting (ccivv) and its correlation to the concept of agni in ayurveda	R Nagarathna, Radheshyam Naik, Shubha V Hegde	Life Sciences
5	K B Meenakshy	Electrodermal Study Of Acupuncture Meridian End Point Energies In Health And Type 2 Diabetes Mellitus	Prof. Alex Hankey, H R Nagendra	Physical Sciences
6	Natesh Babu	Yoga for working memory in adolescents	H R Nagendra	Humanities
7	Padmavathi	Effect of Integrated Yoga Module on leadership development of managers.	H R Nagendra, T M Srinivasan	Management
8	Prashanth Shetty	Management of obesity and diabetes mellitus through yoga and naturopathy	H R Nagendra	Life Sciences
9	Rabindra Mohan Acharya	Effect of Self Management of Excessive Tension on Psycho-Emotional Wellbeing in ONGC Executives	H R Nagendra	Management
10	B R Ramakrishna	Development & Standardization of Sushruta Prakriti Inventory & Evolving Life Style based on Ayurvedic Concept of Prakriti	H R Nagendra, R Nagarathna	Life Sciences
11	Sathya Priya	Effect of integrated approach of yoga in normal pregnancy- a randomized active control trial	R Nagarathna, Latha Venkatram	Life Sciences
12	Suchitra S Patil	Efficacy of integrated yoga module on prakriti of the children	H R Nagendra	Humanities
13	Vinuchurkar Sultas Ashok	Neural Correlates of Cognitive Functions in Meditators	Naveen K V, Prof. Ramachandra G Bhat	Life Sciences
14	Sushrutha S	Study on bhaishtaya maha yajna using electrophotonic imaging and enviro-tech	Prof. Ramachandra G Bhat, H R Nagendra	Spirituality
15	Vikas Rawat	Yoga for physical fitness in adolescents	R Nagarathna	Life Sciences
Year 2015-2016				
1	B. Amaranath	Effect of integrated yoga module on emotions, personality, stress, verbal aggression, and satisfaction with life of home guards in Bangalore – a wait list randomized control trial.	H R Nagendra, Sudeer Deshpande	Humanities
2	P.S. Chokkalingam	An experimental study of Integrated Yoga Module on personality and performance of employees.	Sony Kumari, H R Nagendra	Management
3	Guru Deo	The Effect of Anāpānāsati Meditation Technique through Electro photonic Imaging Parameters.	Itagi Ravi Kumar, T M Srinivasan	Physical Sciences
4	Karuna Nagarajan	Thesis Title: Effect of Indian music on cardiac autonomic function, psychological states and cognitive functions in healthy volunteers.	T M Srinivasan	Humanities
5	Vijayalakshmi Kavuri	Effect of remedial yoga module in the management of irritable bowel syndrome.	R Nagarathna, Senthamil R Selvan	Life Sciences
6	Kuldeep Kumar Kushwah	Efficacy of Integrated Yoga Practices on Healthy People Using Electro Photonic Imaging Technique.	T M Srinivasan, H R Nagendra	Physical Sciences
7	Pammi Sessa Srinivas	Effect of Cyclic Meditation on Job Stress Levels of Indian IT Professionals.	Sony Kumari	Management
8	Sukanya Raghunath	Effect of Integrated Approach of Yoga Therapy for Premenopausal Women with Mastalgia, a Randomized Controlled Study with 6 months follow up.	R. Nagarathna Sandhya Ravi	Life Sciences
Year 2016-2017				
1	Hemant Bhargav	Acute Effects of Mobile Phone Radiations on Brain Hemodynamics, Cognition and Subtle Energy Levels of Teenagers and Protective Value of Yoga Intervention: A Randomized Controlled Study	Dr T M Srinivasan, & Dr Shivarama Varambally	Life Sciences
2	Satya Prakash Purohit	Effect of Yoga on Physical and Psycho-Social Well-being of Orphans: a Randomized Controlled Study	Dr. Balaram Pradhan & Dr. H. R. Nagendra	Humanities
3	Umesh Dwivedi	Effect of yoga on counterproductive work behavior	Dr. Sony Kumari, Dr. K.B. Akhilesh, & Dr. H.R. Nagendra	Management