



स्वामी विवेकानन्द योग अनुसंधान संस्थान

Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

Ek Nath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore - 560 019

Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

Notification No: S-VYASA/REG/621/08/2022

Date: 01.06.2022

Ph.D. admission Notification for the academic year 2022-2023

Applications are invited for the admissions into Full time (Regular) Ph.D. program of S-VYASA Deemed to be University for the academic year August 2022-2023.

1. Eligibility criteria for admission to Ph.D. Programme.

The eligibility requirement for candidates to get admitted to the Ph.D. Programme shall include the following:

- ✓ Masters degree in the field of Yoga from a recognized University with 55% aggregate marks.
- ✓ Post Graduation in any Professional program with 55% aggregate marks and
 - Yoga Instructor Course (YIC) from S-VYASA (Deemed to be University) either through regular or distance or online mode.

1.1 Relaxation of Marks for special categories.

A relaxation of 5% of marks, from 55% to 50%, or an equivalent relaxation of grade, may be allowed for those belonging to SC/ST/OBC (non-creamy layer) /Differently-Abled and the relaxation of 5% to the categories mentioned above are permissible based only on the qualifying marks without including the grace mark procedures.

2. Procedure for admission

2.1 Entrance Test

- Selection of candidates for Ph.D Programme will be based on qualifying in the national level entrance test conducted by S-VYASA (Deemed to be University).

- A candidate shall be declared to have passed the entrance test when he/ she scores at least 50% of the marks in the entrance test.
- Those who have passed NET (National Eligibility Test) in Yoga need not write the entrance test, but have to appear for interview with a brief synopsis of their intended research topic.

2.2 Interview

- Candidates who have passed the entrance test shall appear for an interview conducted by the Admission Committee where the candidate will be assessed for depth of knowledge, research potential and personality.
- The Research Supervisors having vacancy of research students will select the candidates depending on their field of research work.

2.3 Other Information:

- The applicants have to prepare about 6 to 10 pages of Synopsis concerned to their research topic chosen from the vacancy list and submit along with the application. The Synopsis format is available in the Institute's website.
- For different divisions the candidates should submit different applications.
- The applicant should keep all the scanned documents ready, as per the Admission Checklist, at the time of filling the Online Application Form.

2.4 Important dates

The tentative schedule for ONLINE Entrance Test & Interview is as follows:

Entrance Test	Friday, 15 th July, 2022. 10:00 AM IST	Multiple Choice Questions
Interview (for the candidates having cleared NET/JRF)	Friday, 15 th July, 2022. 12:00 PM IST	Through Digital Media
Interview (for the candidates, having cleared the Entrance Test)	Saturday, 16 th July, 2022. 10:00 AM IST	Through Digital Media



- The last date for online submission of the filled application form is **10th July 2022.**

2.5 Entrance Exam Fee details

- The Entrance Exam Fee for Indians and SAARC nations is Rs. 1000/- per application. For other countries, the Fee is 30/- USD per application.
- In case of multiple applications, fees should be paid separately for each application.
- Mode of payment: Details are available in the Online Application form.
- The Entrance examination Fee once paid is **non-refundable**.

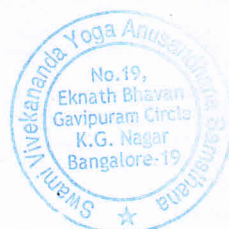
3. List of Divisions:

For the Academic year starting August 2022, The University shall permit the registration for Ph.D. in the following Divisions, namely,

Division	No.of Vacancies
Yoga & Life Sciences	10
Yoga & Humanities	04
Yoga & Physical Sciences	04
Yoga & Management	03

Details of available research areas under each division are mentioned below:

Division	Area of Research interest offered	Eligible qualification (Preferred)
Yoga & Life Sciences	<ol style="list-style-type: none"> 1. Physiological changes during specific pranayama practices 2. Psychophysiology of Yoga practices 3. Yoga in occupational well being 4. Yoga and Heart Diseases. 5. Yoga and Arthritis 6. Yoga and Gastrointestinal problems 7. Yoga and Parkinsons Disease 8. Yoga and Cancer 	PG with Medical background



	<p>9. Yoga and Nasal Allergy and Sinusitis</p> <p>10. Yoga and Anxiety and Depression</p> <p>11. Yoga and Post Traumatic Stress Disorder</p> <p>12. Eating Behaviour / appetite regulation related to Yoga</p>	
	<p>13. Yoga and Oxidative stress</p> <p>14. Yoga and Physiological stress</p> <p>15. Yoga and Obesity</p> <p>16. Yoga and Nutrition</p> <p>17. Yoga and Women related issues (Anything)</p> <p>18. Yoga and Nutritional status/ malnutrition/Dietary pattern / anaemia / under weight of orphan children and similar topics.</p> <p>19. Yoga and Probiotic foods related to Gut Microbiota for NCD/s</p> <p>20. Yoga and Non-communicable Diseases (NCDs)</p>	Masters in Lifesciences
	<p>21. Alleviation of cognitive decline by Yoga from the perspective of beta-amyloids</p>	M.Sc. in life sciences, willing to work in the night (for polysomnography recordings), good in communication
Yoga & Humanities	<p>1. Application of yoga in Sports</p> <p>2. Application of yoga in Education</p> <p>3. Application of yoga for professional students</p> <p>4. Application of yoga for working professionals</p> <p>5. Application of yoga for children with special needs or children with different challenges</p> <p>6. Development of tools/scales</p> <p>7. Application of technology for yoga</p>	MSc Yoga / MSc in Yoga Therapy. (NET/JRF is preferred).
Yoga & Physical Sciences	<p>1. Computational analysis of microarray gene expression data.</p> <p>2. Effects of gene regulation on the evolution of complex systems.</p>	Master's in any science



	3. Comparative study in Indian philosophies. 4. Philosophy of science and Vedic philosophy. 5. The art and science of higher consciousness.	Master's in Yoga/Science/Humanities
Yoga & Management	1. Applications of Yoga in Managing human resource at workplace and quality of working life 2. Role in yoga as an intervention in managing workplace conflict and interpersonal relationships and behavior 3. Implications of Yoga practices in managing change and Development in organisational set up	M.Tech, M.Com, MBA

4. Duration of the Programme:

- Ph.D. Programme shall be for a minimum duration of three years, including course work and a maximum of six years.
- The women candidates and Persons with Disability (more than 40% disability) may be allowed a relaxation of two years for Ph.D. in the maximum duration. In addition, the women candidates may be provided Maternity Leave/Child Care Leave once in the entire duration of Ph.D. for up to One year.

Visit our website for more information:

<http://www.svyasa.edu.in/Programs PhdYoga.html>

Please send your queries to: phd@svyasa.edu.in

Contact No.: 8880866007

1/6/22
Prof. Sony Kumari
 Dean of Academics,
 S-VYASA, Deemed-to-be University,

Sridhar MK 1/6/22
Prof. MK Sridhar
 Registrar,
 S-VYASA, Deemed-to-be University, Bengaluru

Dr. Sony Kumari
 MA, Ph.D
 Dean of Academics- In-charge



Dr.M K Sridhar, MA, Ph.D 5
 Registrar
 S-VYASA (Deemed-to-be-University)